



## **Post Institute for Family Centered Therapy**

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Oklahoma City, OK 73135-6017  
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**Post Institute Attachment Adult Camp**  
May 24-27, 2007  
**Pocket Sanctuary @ Kenyon Ranch**  
Sponsored by Post Institute for Family Centered Therapy  
5700 SE 89<sup>th</sup> St.  
Oklahoma City, OK 73135

**Post Institute is coordinating this event. If you have questions regarding the location please contact Allison Johnson or Natalie Alvarado @ 405-737-3100.**

### **Schedule:**

#### **Thursday, May 24, 2007**

Check-in @ 2 pm  
Dinner and Introduction 7-9:30 pm

#### **Friday – Saturday May 25-26, 2007**

Workshop 8:30 am to 6:30 pm  
Group will decide break schedule

#### **Sunday, May 27, 2007**

Check out – early am

**Nearest Airport - Tucson** Therapist responsible for own transportation / Shuttle Available by calling Cavalier Shuttle @ 520-625-1055

**HOTEL INFO:** Pocket Sanctuary at Kenyon Ranch  
80 Kenyon Ranch Rd.  
Tumacacori, AZ 85640  
520-398-8073  
[www.pocketsanctuary.com](http://www.pocketsanctuary.com)

Breakfast – 7:30 am – 8:30 am  
Lunch – 12:30 pm – 1:30 pm  
Dinner – 7:00 pm – 8:00 pm

**Leader:** To be announced      **Please call (620) 294-3000 / Passcode: 2149#**  
**Follow-up Group Tele-conference dates:**  
Monday 6/11/2007, 7PM PST \* Monday 7/16/2007, 7PM PST \* Monday 8/13/2007, 7PM PST

- This is a boot camp. This is not a seminar. Come prepared to challenge yourself. Come prepared to change your life. It is highly recommended that you plan to attend the entire event in order to get the maximum benefit.
- Important items to bring with you: Family picture, comfortable dress i.e. sweats, loose pants, shorts, t-shirts, etc. This is not a fashion event, leave your makeup at home (well, maybe not all of it!); One pillow; One blanket;(if you are staying at the hotel you can use the ones from the hotel) Water bottle; Comfortable shoes; pen and paper.
- **It is important to take the time to prepare for the event by reviewing the educational materials enclosed. This information is the basis for the work that you will do at the boot camp and Dr. Post will only briefly discuss this. In order for Dr. Post and his team to effectively help you and your family it is imperative that the enclosed evaluation be completed, and bring it with you on Friday morning.**
- This is obviously a very general itinerary used to give you a sense of the schedule you will be keeping. We have found that each group that attends the Adult camp has different needs; therefore more specifics to the schedule will be identified when the group assembles.
- We want to support all of you even after the camp so we have added follow-up group tele-conference calls to the camps scheduled for 2007. Please make note of the information above, and try to join us for each call!

*We are really excited that you will be joining us for this wonderful, growth experience. Please give me a call if you have any questions.*

*Thanks,  
Kristi Saul, LPC*